



Charity team taking on 25-mile cycle

Four staff members at a homeless charity will be cycling 25 miles each to refurbish their headquarters and build new flats.

Derek Pitt, James McNicholas, Jamie Crust, and Malik Seidu-Darbu work at Anchor House in Canning Town, and will be taking part in the first Prudential RideLondon race for the Home and Hope Appeal.

The foursome aim to raise £2,000 to put towards

refurbishing their 50-year-old building, in Barking Road, and provide 25 move-on flats for homeless people making the transition into independent living.

Derek, deputy director and team captain, said: "The team is really looking forward to the race and we've been training hard.

"Knowing that we're raising money for such a fantastic cause makes it all worthwhile and I feel

privileged to be working alongside such dedicated colleagues."

Prudential RideLondon kicks off from Queen Elizabeth Olympic Park in Stratford on Sunday, August 3 and the Anchor House crew hopes to cycle 25 miles each before finishing in The Mall.

Sponsor the team by visiting their JustGiving page on www.justgiving.com/Anchor-House-Ride-London



■ Derek Pitt, James McNicholas, Jamie Crust and Malik Seidu-Darbu will take to the road